





Helping people with physical or mental health conditions or disabilities to find the right job, return to work after long-term sickness or keep their current job.

Our employment specialists provide free advice and support to help overcome a wide range of work-related barriers, as well as offering in-work support for both the employee and the employer.

Nottingham, Nottinghamshire and Derby are working together to improve the health, economic and social wellbeing of our populations, improve life chances and reduce inequalities.







How can Working Well - East Midlands help me?

- Decide what types of jobs would best suit you, your circumstances and your health needs
- Work out what benefits and support you are entitled to whilst working
- Understand what jobs are out there and help you get into new lines of work
- Manage your **health and wellbeing** so that you feel able to work
- Find and apply for jobs including writing CVs, letters and application forms
- Get ready for job interviews and feel confident talking to employers



For further information on this programme, either speak to your employment advisor/health professional, or go to:

Tel. 0330 053 8639

(If you are located in Nottingham, Broxtowe, Gedling or Rushcliffe) east midlands chamber

workingwelleastmidlands.co.uk standguide.co.uk/index.php/wwem Tel. 0161 881 4826, option 5

> (If you are located in Derby, Mansfield, Ashfield, Newark, Sherwood or Bassetlaw) standguide